

**SAMPLE STANDARDIZED RECIPE FORMAT FOR THE ART INSTITUTES
BEST TEEN CHEF COMPETITION 2009**

Recipe Name

Number of Servings:

Ingredients:

Ingredient 1

Ingredient 2

Ingredient 3

Etc.

**List all ingredients in order of use in the recipe. Please indicate weight or measurement for each ingredient but not both.*

Example: 1 teaspoon (tsp) – Paprika

2 cups – Bread Crumbs

4 ounces – Beef stew meat

Preparation: **List step-by-step ordered instructions*

1.

2.

3.

4.

5.

6.

7.

Etc.

Presentation Tips: **optional*