

# *Courses Lunch Menu*

## *Starters*

### **Basil Tomato Soup 5**

Our Vegetarian Version of an Old Favorite.

### **Cream of Broccoli Soup 5**

A delightful blend of Fresh Broccoli and Cream.

### **Baby Lettuce Salad 4**

Blend of Tender Salad Greens tossed in a Mustard Balsamic Vinaigrette and garnished with Red Cherry Tomatoes.

### **Pick Two Combo 7**

A Cup of Soup and a Half Salad.

## *Entrée Salads*

### **Chicken Caesar Salad 8**

Classic Caesar Salad topped with Grilled Chicken Breast.

### **Asian Shrimp Salad 9**

Stir Fried Shrimp embedded in shredded Chinese Cabbage and Asian Vegetables dressed with an Oriental Vinaigrette and garnished with Crisp Wontons.

## *Sandwiches*

All sandwiches and burgers served with Sweet Potato Crisps.

### **Grilled BBQ Portabella Mushroom Wrap 6**

Slices of Grilled Portabella Mushroom brushed with our homemade spicy Barbeque Sauce, wrapped with Roasted Red Bell Pepper, Goat Cheese and Fresh Basil in a Flour Tortilla.

### **Southwestern Grilled Cheese Sandwich 6**

Grilled Panini-Style on Whole Wheat with Monterey Jack, Avocado, Caramelized Red Onion, Fresh Cilantro and our own Chipotle Puree!

# ***The Courses Burger Menu***

## ***Any Burger 7***

**The American**.....cheddar cheese, lettuce, tomato  
**The Buffalo**.....blue cheese, bacon, grilled onions  
**The California**.....mozzarella cheese, sprouts, avocado  
**The French Cowboy**.....goat cheese, BBQ sauce, roasted red bell pepper  
**The Lava Love**.....pepper jack cheese, chipotle sauce, cilantro, grilled onions  
**The Swiss**.....swiss cheese, sautéed mushrooms  
**“Look, Ma! No Burger!”** .....choice of cheese, avocado, sprouts, roasted red bell pepper, grilled onions, sautéed mushrooms, BUT no burger!

## ***Entrees***

**Vegetarian Acorn Squash with Mushroom-Cranberry Stuffing 8**  
Half of a Roasted Acorn Squash stuffed with a Bread Pudding of Cranberries, sautéed Mushrooms and Onions.

**Fresh Fish of the Day 10**  
Served with sautéed Fresh Spinach and Dill  
with a Rice Pilaf flavored with Currants and Cumin.

**Pork Chops 9**  
Tender, juicy center cut Pork Chop, Topped with fresh Apple-Cornbread Stuffing,  
Served with Roasted Spaghetti Squash and Sage.

## ***Finishing Touches***

**Ask your server for our latest dessert selections created just for you by our student Pastry/Baking Chefs!**

At Courses, your meal will be prepared and served by culinary students under the supervision of our exceptional culinary faculty. Our restaurant plays an important role in the development of the culinary leaders of the future.  
Thank you for supporting our students with your patronage.

